The Splendid Table Pitch Points

The Splendid Table is a show about food, eating and incredible culinary experiences. But what makes it really special is its humor and delight. It’s that spark in conversations…the connection to each other that has made the show an audience favorite for over 20 years.

The Splendid Table has been at the forefront of food issues and policies since its inception. Long before eating local became a catchphrase and farmers' markets became ubiquitous, The Splendid Table was talking about the changes needed in the food system and what was happening on the grassroots level.

The Splendid Table doesn’t just share recipes. Each week, it takes you on an exploration of the culture, science, history, and deep personal stories that come together every time people gather to enjoy a meal.

As a culinary school graduate and former restaurant cook, host Francis Lam can handle virtually any food query and loves taking listener’s calls. He is keenly interested in people and their stories and believes that one of the keys to understanding people better is to learn what they cook and how they eat.

Each week, you hear the stories behind the cuisine and culture. From food politics to food trends, The Splendid Table shares stories you won’t hear anywhere else.

Each weekend, The Splendid Table presents a wide variety of guests and topics. From Ruth Reichl talking about giving yourself permission to make mistakes in the kitchen, to Chef Jacques Pépin talking about how to roast a chicken, to discussing Filipino cuisine with an experienced home cook, or food trends with street vendors, the conversation is always interesting and leaves you feeling more enlightened about food and the world around you.

The Splendid Table has always been “the program for people who love to eat”. That means exploring topics like ‘What is Tex Mex?,’ or Southern cooking through 200 years of tradition, or reinvigorating Hawaiian cuisine, or even a story about vegan butchers. It gives depth and texture to something that every one of us has in common.

The Splendid Table has been your original weekend companion, celebrating the intersection of food and life for more than two decades. A culinary, culture and lifestyle program, it has hosted our nation’s conversations about cooking, sustainability and food culture and has introduced you to generations of food dignitaries.